Lesson Plan

**Licensure Area**: Physical Education

**Title and Audience**: Movement Forms/Motor Skills and Movement Patterns, Dribbling a Basketball, Grade 3-5

**Objectives:**  1.1.2 execute prescribed strategies in a variety of games, 1.2.2 apply basic skills in game-like situations, 1.3.1 design and play a game that involves cooperating with others to keep an object away from opponents using necessary strategies

**Materials:** Basketballs, Jerseys

**Description:**

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| Activity #1 | Activity #2 | Activity #3 |
| Have students dribble the ball in place using both left and right hand. | Split students into teams and have a relay race up and down the court. Right hand down and left hand back | Have the students split up into 2 teams, one of the teams have jerseys on. This activity there’s 1 ball the team with the ball must attempt to get the ball to the other end of the court, while there is a defense on them. Each student has a maximum of 3 dribbles before having to pass. |

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**Scaffolds**: Hands on learners would jump right into the activity, Visual learners may catch on about the 2nd game of the 3rd activity.

**Technology to Support Authentic Instruction**: Technology is used to see the students results in dribbling over a period of time. I would set up a camera to record them.